

PHYSICAL EDUCATION



Examination Board:	AQA	Qualification:	A level
Teacher Contact:	Mr M Pearce		
Entry Requirements:	Practically competent in two sports and a minimum of grade C in GCSE PE and Science		

What will I study?

The PE course is made up of four components:

1. **Unit 1 – Opportunities for and the effects of leading a healthy active lifestyle**
2. **Unit 2 – Analysis and evaluation of physical activity as a performer and or in an adopted role/s**
3. **Unit 3 – Optimising performance and evaluating contemporary issues within sport.**
4. **Unit 4 - Optimising practical performance in a competitive situation.**

How will I be assessed?

Unit 1 - 60% of AS and 30% of A level - 2 hour written examination

Unit 2 – 40% of AS and 20% of A level - Internal assessment and externally moderated

Unit 3 – 30% A level - 2 hour written examination

Unit 4 – 20% of A level - Internal assessment and externally moderated

Am I suited to this course?

You would be well-suited to studying PE at A level if you:

- have a keen interest in sport and want to evaluate and improve your own performance
- have an enquiring mind and want to learn more about PE in social, cultural, scientific, historical and psychological areas
- are already a member of a sports club or team which supports the development of your practical performance

What other subjects does it complement?

A level PE combines well with many subjects, most notably Biology, Dance and Psychology.

Where can it lead?

An advanced level qualification in PE is rapidly becoming an essential qualification for specialist study in PE and Sports Studies in Higher Education. The syllabus provides an excellent foundation for students considering careers in the Biological Sciences, Teaching and Coaching, Recreational Management, Physiotherapy and the Leisure and Health and Fitness industries.

Open up the world of sport – They encourage students to immerse themselves in the world of sports and PE with the chance to perform or coach a sport (through the non-exam assessment component), and delve into the how and why of physical activity and sport.

An excellent platform – Students receive a well-rounded and full introduction to the world of PE, sport and sports science. This complete grounding in the subject provides a fantastic base from which to build when they move on to higher education, employment or further training.

Skills for a modern world – Students can develop a range of practical skills, including communication using appropriate language, dealing with pressure, split second decision-making, analysing and evaluating performance, and more.

